Name: _____ Grade: ____ Group: ___ Date: _____

Control your emotions

Para realizar estos ejercicios, consulte las instrucciones generales.

1 **Highlight the vowels: a = red e = blue i = green o = yellow u = brown**

(jailait the vauels: ei = red, i = bluu, ai = griin, ou = yelou, iu = braun)

Remarca las vocales: a = rojo, e = azul, i = verde, o = amarillo, u = café

If you are … (if yu ar) Si tú estás…

Bored (bord) Aburrido

bored

Read a book (riid a buuk) Lee un libro

Play a board game (pley a bard gueim) Juego a un juego de mesa

Sad (sad) Triste

sad

Think of something nice (think of somthing nais) Piensa en algo lindo

Listen to music (lisen tu miusic) Escucha música

Angry (angry) enojado

angry

Count to 10 (caunt tu ten) Cuenta hasta 10

Take a deep breath (teik a diip briith) Respira profundamente

Scared (eskerd) Asustado

scared

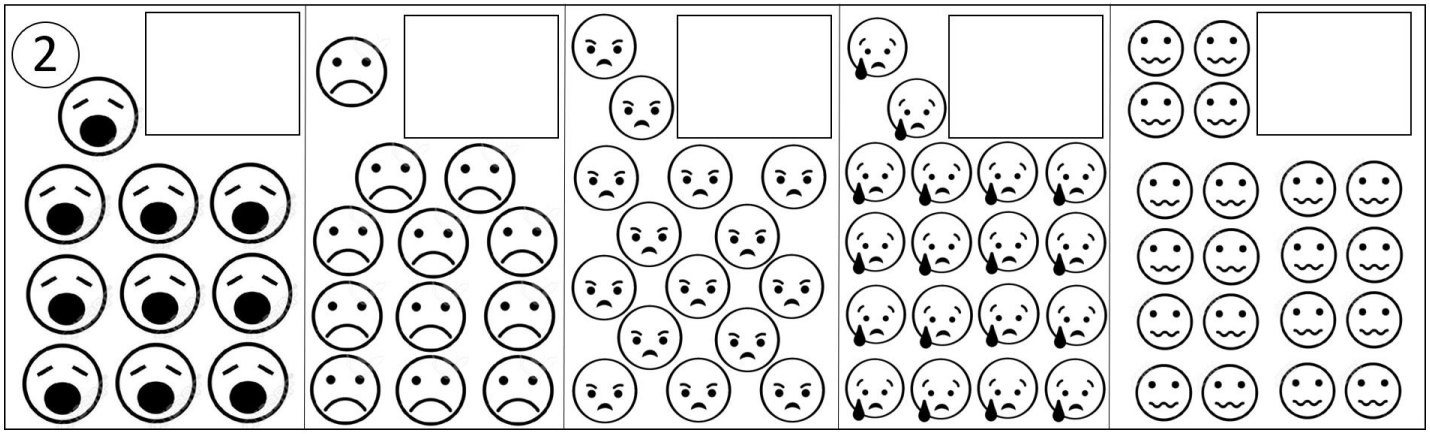
Tell someone (tell somguan) Dile a alguien

Walk away (guok agüey) Aléjate

Nervous (nervas) nervioso

nervous

Drink water (drink guater) Toma agua

Solve a puzzle (solv a pazel) Resuelve un rompecabezas

2